

### Accommodation

Area	Company	Address	Contact	Email/Website	Contact Number	Details
Kendal	Shakespeare Inn		David	<a href="mailto:info@shakespearekendal.co.uk">info@shakespearekendal.co.uk</a>	01539 724069	5 empty en-suite rooms available during this period of lockdown and would like to offer them to NHS staff, Police or other key workers who feel unable to travel long distances or fear infecting their loved ones.
Windermere	Windermere Manor Hotel		Andrew Wilson	<a href="mailto:gm@wmanorhotel.com">gm@wmanorhotel.com</a>	01539 445801	Offering accommodation for NHS Staff or people leaving hospital who cant go home

### Food

Area	Company	Address	Contact	Email/Website	Contact Number	Details
Ambleside	Ambleside Fish & Chips		Paul Riley	<a href="mailto:rlp2@aol.com">rlp2@aol.com</a>	07775121914	Free fish & chips delivered to door for any over 70 living in Ambleside who is self isolating
Ambleside	Spar				01539 433127	All manner of essentials - in store shopping only.
Ambleside	Tesco Express			<a href="http://www.tesco.com">www.tesco.com</a>		All manner of essentials - home delivery available but limited slots. In store shopping available.
Ambleside	Granny Smiths	Market Place, Ambleside, LA22 9BU			01539 433145	Groceries - may be able to offer a limited click and collect service while stocks last - ring for details.
Ambleside	Food Bank	Ambleside Parish Centre			01529 434172	All manner of essentials - ring for details.
Arnsdale	Londis	14-15 The Promenade, Arnsdale, LA5 0HF	Ian or Jeff	<a href="mailto:ibullybullough@hotmail.co.uk">ibullybullough@hotmail.co.uk</a>	01524 761977	All manner of essentials - free deliveries to the Storth area. Payment methods to follow.
Endmoor	Endmoor Bakery	Main Street, Endmoor		<a href="http://www.endmoorbakery.co.uk">www.endmoorbakery.co.uk</a>	01539 567559	Freshly made sandwiches, bread, pies, cakes etc - free delivery to Endmoor area, minimum order £10. Collection in store - pre order especially for bulk orders. Ring for details.
Grange	B E Hargan				01539559058	Delivery service of veg boxes
Grange	Higginsons Butchers				015395 34367	Home delivery service for LA11 Postcodes Tues/Fri min order £25
Grasmere	Co-Op				01539 435229	All manner of essentials - ring for details.
Kendal	Momma's Foods	Unit 18, Lake District Business Park, Kendal		<a href="mailto:mommasfoods@hotmail.co.uk">mommasfoods@hotmail.co.uk</a> , <a href="http://www.mommasfoods.co.uk">www.mommasfoods.co.uk</a> , Facebook Mommas Foods	01539 734746	Quality frozen main meals and puddings, made for pubs and restaurants but now available in the community - includes veggie and vegan. Delivery £3 (free for over £50 spent). Min order £30. Kendal Monday Thursday, Kirkby Lons. and surrounding Wednesday, South Lakeland Friday. Payment by cash, cheque or bank transfer.
Kendal	Watson and Woollard Butchers	19 Market Place, Kendal		<a href="mailto:watson-woollard@hotmail.co.uk">watson-woollard@hotmail.co.uk</a>	01539 720198	Meat - Some local delivery available - ring for details.
Kendal	Lakes Speciality Foods	2-5 Bankside Farm, Staveley, Kendal		<a href="mailto:voicemail@lsf.co.uk">voicemail@lsf.co.uk</a> , <a href="http://www.lakespecialityfoods.co.uk">www.lakespecialityfoods.co.uk</a>	01539 822713, 07528 094538, 07467 940260	Meat and Cheese - Free delivery throughout Kendal, The Lakes and beyond. Order before 12pm for next day delivery.
Kendal	Joshua Tree Bistro	Yard 11, Stramongate, Kendal		<a href="mailto:joshuatreekendal@hotmail.co.uk">joshuatreekendal@hotmail.co.uk</a> , <a href="http://www.joshuatreebistro.co.uk">www.joshuatreebistro.co.uk</a>	01539 737223	Meals on wheels/frozen wheels. Deliveries Mon Wed Fri Kendal & Arnsdale. Payment by card or bank transfer, Minimum order £10 Kendal, £15 Ambleside.
Kendal	Parsons of Kendal	Station Road, Kendal			01539 722131	Fruit and veg, bread, milk etc. £10 fruit and veg box. Free delivery - ring for details.
Kendal	David Willan	The Station Estate, Oxenholme Lake District Railway Station, Kendal		<a href="mailto:enquiries@davidwillan.co.uk">enquiries@davidwillan.co.uk</a>	01539 726555	All manner of essentials - ring for details
Kendal	Castle Stores	Castle Drive, LA9 7BJ			01539 725620	All manner of essentials - taking order for pickup. Not delivering but have installed 'screening' to shield and protect customers. Contactless payment only.
Kendal	Riverbank Catering		Mel & Scott	<a href="mailto:rbhcatering@googlemail.com">rbhcatering@googlemail.com</a>		3rd April - would like to offer support/packed lunches for children entitled to free school meals
Langdale	Langdale Co-Op				01539 437260	All manner of essentials - delivery may be available for those living in the Langdale area. Ring for details. While stocks last.
Levens	Levens Village Shop	Levens		<a href="mailto:levensvillageshop@gmail.com">levensvillageshop@gmail.com</a>	01539 560275	Free home delivery service for those unable to visit the shop - ring for details.
Levens	Levens Village shop				07368469107	Home deliveries, minimum order £10
Milnthorpe	Booths				08002218086	Limited delivery service for the vulnerable Mon/Fri from 8.30am - 4.30am, need to live within 3 miles of the store
Sedbergh	Dalesman Country Inn				01539 621183	8am - 11pm daily, delivery and takeaway services available.
Sedbergh	JMP Food Services, Birks Mill, Sedbergh, LA10 5HQ	Birks Mill, Sedbergh, LA10 5HQ		<a href="mailto:sales@jmpfoodservice.co.uk">sales@jmpfoodservice.co.uk</a> , <a href="http://www.jmpfoodservice.co.uk">http://www.jmpfoodservice.co.uk</a>	01539 620296	8am - 5pm Mon - Thu, 8am - 4pm Fri. Delivery and takeaway service available - to Kendal, Kirkby Lonsdale, Sedbergh, Dent and Garsdale. Minimum order £30 for home delivery. Card payment only.
Sedbergh	Martin Powell Greengrocer, 52 Main Street, Sedbergh	52 Main Street, Sedbergh			01539 620304	British and imported fruit and vegetables. Fresh salads and produce from local growers. Specialist suppliers to retail and catering trades. Prepared vegetables for caterers. Monday to Saturday 7:00am- 5:15pm, Mon - Sat. Delivery service available.
Sedbergh	Rycroft Ironmongers, 89 Main Street, Sedbergh	89 Main Street, Sedbergh			01539 620420	Ironmongery, hardware, camping and calor gas, pet food and accessories, dry cleaning agents. Mon - Fri, 9:00am - 5:00pm, Sat 9:00am - 1:00pm. Delivery service available.
Sedbergh	The Red Lion, 1 Finkle Street	1 Finkle Street, Sedbergh			01539 620433	Old village pub dating back to the 1800s and renowned for tasty home-cooked food, local ale and friendly atmosphere. Tue - Sat, Noon - 3pm and 5pm - 11pm. Sun noon - 9pm. Food available noon - 3pm and 5:30pm - 8pm. Delivery and takeaway service available.
Sedbergh	William Peat Butchers and Deli, 2 Finkle Street	2 Finkle Street, Sedbergh			01539 620431	Mon - Sat, 7:00am - 5:00pm, delivery service available
South Lakeland	Cornvale Fine Foods	Station Yard, Melling, Lancashire		<a href="mailto:paul@cornvalefoods.co.uk">paul@cornvalefoods.co.uk</a> , <a href="http://www.cornvalefoods.co.uk">www.cornvalefoods.co.uk</a>	01524 222420	Meat, fruit, veg, milk, bread - delivery to Kirkby Lonsdale Mon - Saturday. Delivery to South Lakes Tuesday and Thursday. Pay over the phone.
South Lakeland	Caterite Food & Drink Services			<a href="http://www.caterite.co.uk">www.caterite.co.uk</a>	017687 760000	Offering Priority Food Distribution Service toKey Workers
South Lakeland	Pioneer Food Services			<a href="http://www.pioneerfoods.co.uk">www.pioneerfoods.co.uk</a>	01228 532474	Offering Priority Food Distribution Service toKey Workers

South Lakeland	Booths (Kendal, Milnthorpe, Ulverston, Windermere)				08002218086	Limited delivery service for the vulneralbe Mon/Fri from 8.30am - 4.30am, need to live within 3 miles of the store. Mon - Fri only, no delivery charge and delivered next day where possible. Selection of essential items with a limit of 1 of each bundle per order. Prices start at £10.
South Lakeland	FW Garside Family Butchers				01529 432211	Starting a new home delivery service, free for orders over £20. Call to order and be given a delivery time. Will deliver to Ambleside, Grasmere, Langdales.
Tebay	Heartwood Poultry	High Carlingill Farm, Tebay	David Knipe		07798 538789	Fresh local free range chickens - will deliver locally - ring for details
South Lakeland	Kitridding Farm	Kirkby Lonsdale, Kitridding, LA6 2QA			01539 567484	Lamb, beef, pork, sausages, baking. Will deliver, or pick up orders from the Farm Shop. Ring for details.
South Lakeland	Sillfield Farm	Stall 3, Barrow Market, Barrow-in-Furness, Cumbria, LA14 1HU		<a href="http://www.sillfield.co.uk">www.sillfield.co.uk</a>	01229 830956	Pork, wild boar, game
Carnforth	Creative Seafoods	Holme, LA6 1RD			07501 967000	Fresh fish and shellfish - will deliver locally - ring for details.
Kendal	Penningtons Spirits	10 Tanners Yard, 36 Highgate, Kendal, LA9 4ED		<a href="http://www.penningtonspirits.com">www.penningtonspirits.com</a>		Local vodka and gin.

#### Medical/ Prescriptions

Area	Company	Address	Contact	Email/Website	Contact Number	Details
South Lakeland	Lakeside Taxis		Sarah Unwin	<a href="mailto:admin@LakesideTravelServices.co.uk">admin@LakesideTravelServices.co.uk</a>	015394 88888	Offering to deliver prescriptions in South Lakes area

#### Schools

Area	Company	Address	Contact	Email/Website	Contact Number	Details
Sedbergh	Sedbergh School					Sedbergh school have the capacity to cook meals in large quantities. 50/100 . Clearly we would need to do this on a cost neutral basis for people with a real need and we would not want to be seen to be in competition with the local businesses which are offering take away options. <ul style="list-style-type: none"> <li>The limitations from our perspective is that while we have hot boxes, they are designed for bulk food storage and so they don't keep meals that are individually packaged at oven/hot plate temperature for very long. A re-heating capability such as a microwave at the consumer end would be preferable</li> <li>Currently we do meals on wheels for 2 days per week but we have the capability now to up this to 5 days per week</li> <li>We have transport and so could organise delivery within a 10 mile radius</li> </ul>
Windermere	Windermere School		Nick Kirkpatrick		07769 898266	Boarding school kitchens have facilities to cook and deliver units of up to 40 meals to establishments that are struggling to provide meals, e.g. care homes, sheltered housing complexes etc. Would need to deliver to a central point ideally. Can keep food hot for up to 2 hours so would be prepared to travel out of immediate vicinity. They can also provide up to 20 individual meals. They will require recompense for the basic food costs.

#### Support / Various Services

Area	Company	Address	Contact	Email/Website	Contact Number	Details
Arnside	Bullough's Londis		Business	<a href="mailto:ibullyborough@hotmail.com">ibullyborough@hotmail.com</a>		Home deliveries, need to set up account with details such as name, address and telephone number and send to email. Once done phone 01524 761977 to order.
Coniston	Consiton Business Forum		Tracy Coward	<a href="mailto:tracy.coward@southlakeland.gov.uk">tracy.coward@southlakeland.gov.uk</a>		
Grange	Beetham Nurseries			<a href="mailto:enquiries@beethamnurseries.co.uk">enquiries@beethamnurseries.co.uk</a>	015395 63630	Deliver service for gardening equipment and plants
Grange	Via Tim Farron's Office		Ian Lockyer Joinery	<a href="mailto:ilockjoinery@hotmail.co.uk">ilockjoinery@hotmail.co.uk</a>	01539533733	Offering Joinery Services
Kendal	Via Tim Farron's Office		Nathan Humphreys	<a href="mailto:nathan@shrunkenjumper.org">nathan@shrunkenjumper.org</a>	07393 030624	Offer of business support
Kendal	Via Tim Farron's Office		Neil Mason	<a href="mailto:neil@brandery.co.uk">neil@brandery.co.uk</a>	+44 (0) 7584 287 810	Offer of Business support
Kendal	BID		Sarah Williams	<a href="mailto:sarah@kendalbid.co.uk">sarah@kendalbid.co.uk</a>	0755 4994 585	Shopappy website for orders from variety of shops in Kendal and deliveries via Lakeside Taxis
Kendal	Via Tim Farron's Office		Tim King	<a href="mailto:timking@geneo.co.uk">timking@geneo.co.uk</a>	07810 820 414	help with managing, sharing, training and improving on standards for assembly and training for ventilators
Milnthorpe	Houghtons		Pam Houghton		015395 63347	Support with metal manufacturing or provision of animal transport
Milnthorpe	Whats going on FACEBOOK		Craig Lakes		01539 63405	Motorcycle collection/delivery for prescriptions or urgent packages, free of charge
South Lakeland	Via Tim Farron's Office		Steve Eacott	<a href="mailto:steveeacott@bluecooling.co.uk">steveeacott@bluecooling.co.uk</a>	07528 788647	Offering Chilled Storage facilities-Blue Cooling Limited
South Lakeland	Nutricare Kendal		Ross McMahon	<a href="mailto:ross.mcmahon@kendalnutricare.com">ross.mcmahon@kendalnutricare.com</a>		Accepting Healthy Start vouchers as payment
Ulverston	Ulverston Town Council		Jayne Kendal - Town Clerk	<a href="http://www.ulverstontowncouncil.org.uk">www.ulverstontowncouncil.org.uk</a>		Ulverston Town council had compiled a list of business with telephone numbers who will deliver supplies to households affected

Windermere	Lampighter Restaurant		James Tasker	<a href="mailto:info@lampighterdiningrooms.com">info@lampighterdiningrooms.com</a>	015394 43547	Offering support
Windermere	Brook House B&B			<a href="mailto:stay@brookhouseelakes.co.uk">stay@brookhouseelakes.co.uk</a>		

#### Transport

Area	Company	Address	Contact	Email/Website	Contact Number	Details
Milnthorpe, Endmoor, Holme	KT Coaches		Chris Stainton	<a href="mailto:ktscoaches@hotmail.co.uk">ktscoaches@hotmail.co.uk</a>	07585808123	Van and man/woman to fetch, carry, collect or deliver Mon to Fri free of charge
South Lakeland	Via Tim Farron's Office		Ann-Marie White	<a href="http://www.stagecoach.co.uk">www.stagecoach.co.uk</a>		Business - Stagecoach - Offering support to young people
South Lakeland	Via Tim Farron's Office		Craig @ 24/7 taxis.	<a href="mailto:craigthorpe32@yahoo.co.uk">craigthorpe32@yahoo.co.uk</a>	07814 094209	Business offering transport